

E1 30"

(slide)

15"

(slide)

6-8"

E2 15-20"

shift to 20"

shift to 20"

E3 35"

shift

to

shift

to

mix in

6-8"

E4 15"

25"

shift to

1

2

1

2

25"

E5

35-40"

shift to

E6 35-40"

insert 2-3x

2/1

2

1

2

mix in

E7

30-40"

slowly come to an end

2

3